



October 2025

Dear Parents and Carers

Your son/daughter has been asked to represent Derby Moor Spencer Academy in the Inter Schools Cross Country City Championships on Friday 7th November (please note the change of date from previous correspondence). This will take place at Moorways Stadium.

Extra competitions for selected students:

<i>Friday 7th November</i>	<i>City Championships – Moorways</i>	<i>1-4pm</i>
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Students would need to leave school at 12.20 and then they will be taken by minibus to the venue and returned to school between 4-4.30pm.

Race distances are approximately one mile for Year 7, one and a half miles Years 8 and 9, and two miles Years 10 and 11.

Students will need trainers with a good grip or spikes, school PE kit and something to keep warm before and after races. A drink and snack could also be useful.

For the rest of the year training will continue to take place on **Thursday** after school from 3.15 until 4.15 on fields and paths around school. Please meet in **Honour** changing rooms. Mr Bal will be supporting with training this year. Please see Mr Bal in the Maths Hub, or PE staff in Honour Hub for more information.

Please would you complete and return the slip below as soon as possible to give permission for your child to participate on Friday 7th November

Yours faithfully

Mr McNulty

Mr J McNulty
Faculty Leader for PEEA



Please return to Mr McNulty or PE staff in Honour Hub

Child's name: **Form:**

I give permission for my child to take part in the Cross Country City Championships, returning to school between 4-4.30pm

Please circle below:

I will collect my son/daughter from Moorways on 7th November at 4pm

I will collect my son/daughter from Derby Moor on 7th November between 4-4.30pm

I also give permission for my child to attend training every Thursday after school until 4.15pm.

My emergency contact on the day is: _____

Signed: _____ Parent/ Carer