



BTEC EXTENDED CERTIFICATE IN HEALTH & SOCIAL CARE

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ACHIEVEMENT ASPIRATION HIGH EXPECTATIONS COMMUNITY

PEARSON LEVEL 3 ALTERNATIVE ACADEMIC QUALIFICATION BTEC NATIONAL IN HEALTH AND SOCIAL CARE (EXTENDED CERTIFICATE)

Who is this qualification for?

The Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate) is an Alternative Academic Qualification (AAQ) designed for post-16 students with an interest in health and social care and aiming to progress to higher education as a route to graduate level employment. Equivalent to one A Level in size, it is suitable for students looking to develop their applied knowledge and skills in health and social care alongside two A Levels.

What will the student study as part of this qualification?

The qualification has been developed in consultation with higher education representatives to ensure students have the knowledge, understanding and skills they need to progress to, and thrive, in higher education.

The qualification has three mandatory units covering the following topics:

- Human Lifespan and Development – PIES and factors affecting growth and development, interventions and the different professionals providing care and treatment
- Human Biology and Health – Human body structure and systems, normal physiological functioning and the impact of common disorders
- Health and Social Care Practice – Core principles, values and legislation that underpin and influence health and social care, and the effect of social determinants on an individual health status

One of the following four optional units covering the following topics:

- Health, Social Policy and Wellbeing– Public health policy and its influences, including health-related organisations/groups and a range of strategic factors
- Promoting Health Education– Health education, its purpose and use of different approaches and models to achieve positive health outcomes
- Safe Environments in Health and Social Care – Appropriate provisions in services relevant to different needs; governance relating to safe environments
- Health Science – Types of infections and their potential impact on a local, national and international scale

Content warning:

Please be aware that specification and assessments for the Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate) may contain upsetting or sensitive topics which are related to the subject.

Assessment:

External assessment 50% of the total qualification GLH is made up of external assessment.

Unit 1: Human Lifespan and Development - An external examination set and marked by Pearson 80 marks January and June First assessment May/June 2026

Unit 2: Human Biology and Health - An external examination set and marked by Pearson 80 marks January and June First assessment May/June 2026

Synoptic assessment:

The assessment of synoptic knowledge requires students to apply learning from one unit to the assessment in another unit.

Within the assessment for Unit 3: Principles of Health and Social Care Practice, students will be assessed on underpinning knowledge, ideas and concepts from:

Unit 1: Human Lifespan and Development

Unit 2: Human Biology and Health.

Synoptic links are flagged within the units. There might be some further naturally occurring synoptic opportunities across the qualification where students can synthesise their learning.

Entry Requirements:

Five grade 9-4 GCSE passes including English and Maths. Where Health and Social Care has been studied this must have been achieved at a L2P or above.

STEP-UP INDEPENDENT STUDY TASKS

Key Information

How will the tasks support your understanding of the course?

As a student you need to have an in-depth understanding of the Human Lifespan Development and how this affects someone physically, intellectually, emotionally and socially. This task aims to broaden your knowledge and understanding of the different stages of development.

What skills will you begin to develop by completing this work? You will develop an understanding of the key health and social care and human lifespan development vocabulary that you will be assessed upon. Also develop your processing skills as you learn how development changes through each of the 7 life stages.

Task 1

Research the 7 life stages, looking at development physically, intellectually, emotionally and socially.

Infancy 0-2 years

Early Childhood 3-8 years

Adolescence 9-18 years

Early Adulthood 19-45 years

Middle Adulthood 46-69 years

Late Adulthood 70-84 years

Later Adulthood 85 years

This work should be presented as a booklet, no less than a page for each life stage.

Below are some resources that may be useful but you should use others too.

https://coleshill.warwickshire.sch.uk/files/2020/07/Unit_1_Chapter_from_textbook.pdf

<https://anyflip.com/wuul/zxej/basic>

TO DEEPEN YOUR UNDERSTANDING

Below are links to websites that can be used to widen your understanding of Health and Social Care and the topics you will be covering as part of your qualification.

Roles within the NHS - <https://www.stepintohenhs.nhs.uk/>

Department of Health and Social Care -

<https://www.gov.uk/government/organisations/department-of-healthand-social-care>

Care Quality Commission - <https://www.cqc.org.uk/>

COMPLETED TASK

Student Name			
Subject Teacher		Date:	
Form Tutor:		Date:	