



# BTEC EXTENDED DIPLOMA IN HEALTH & SOCIAL CARE

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# BTEC EXTENDED DIPLOMA IN HEALTH AND SOCIAL CARE

## EXAM BOARD: PEARSON

### Who is this qualification for?

The Pearson BTEC National Extended Diploma in Health and Social Care is intended as an applied general qualification. It is for post-16 learners who want to continue their education through applied learning and who aim to progress to higher education and ultimately to employment in the health and social care sector.

The qualification is equivalent in size to three A Levels. The qualification develops a deep common core of knowledge, understanding and skills in the sector through mandatory content. It allows learners to focus on a particular aspect of the sector through a selection of optional units, including a route that focuses specifically on health studies.

### Programme of Study:

The content of this qualification has been developed in consultation with higher education to ensure it supports progression to higher study. Employers and professional bodies have also been involved in order to confirm that the content is also appropriate for those interested in working in the sector.

In addition to the knowledge, understanding and skills that underpin study of the health and social care sector, this qualification gives learners experience of the breadth and depth that will prepare them for further study in the sector. This includes the opportunity for learners to choose a health studies pathway with options reflecting the progression opportunities in health care.

### Learners taking this qualification will study eight mandatory units:

Anatomy and Physiology for Health and Social Care • Human Lifespan Development • Working in Health and Social Care • Meeting Individual Care And Support Needs • Principles of Safe Practice in Health and Social Care • Enquiries into Current Research in Health and Social Care • Promoting Public Health • Work Experience in Health and Social Care.

To develop a better understanding of the demands of the sector to demonstrate their commitment and interest in the sector when applying for further study, learners are required to undertake a minimum of 100 hours' of work experience as part of the course.

### Learners will also study five optional units.

Optional units in the general pathway include:

Sociological Perspectives • Psychological Perspectives • Supporting Individuals with Additional Needs • Nutritional Health • Caring for Individuals with Dementia • Assessing Children's Development Support Needs.

### **What could this qualification lead to?**

This qualification is the main focus of a two-year study programme of learning and is equivalent to three A Levels, meaning that learners will be fully prepared for a range of health and social care degree programmes. The qualification is intended to carry UCAS points and is recognised by higher education providers as contributing to meeting admission requirements to many relevant courses, for example:

- BSc (Hons) in Nursing • BA (Hons) in Social Work • BSc (Hons) in Physiotherapy • BSc (Hons) in Occupational Therapy • BSc (Hons) in Speech Therapy • BA (Hons) in Health and Social Care

The units are graded Pass, Merit or Distinction. The overall qualification is graded as P, M, D or D\*. (Learners must pass each unit in order to pass the qualification)

### **Entry Requirements**

Five grade 9-4 GCSE passes including English and Maths. Students who have studied Health and Social Care must have achieved at least a Level 2 Pass.

# STEP-UP INDEPENDENT STUDY TASKS

## Key Information

### How will the tasks support your understanding of the course?

As a student you need to have an in-depth understanding of the Human Lifespan Development and how this affects someone physically, intellectually, emotionally and socially. This task aims to broaden your knowledge and understanding of the different stages of development.

**What skills will you begin to develop by completing this work?** You will develop an understanding of the key health and social care and human lifespan development vocabulary that you will be assessed upon. Also develop your processing skills as you learn how development changes through each of the 7 life stages.

### Task 1

Research the 7 life stages, looking at development physically, intellectually, emotionally and socially.

**Infancy 0-2 years**

**Early Childhood 3-8 years**

**Adolescence 9-18 years**

**Early Adulthood 19-45 years**

**Middle Adulthood 46-69 years**

**Late Adulthood 70-84 years**

**Later Adulthood 85 years**

This work should be presented as a booklet, no less than a page for each life stage.

Below are some resources that may be useful but you should use others too.

[https://coleshill.warwickshire.sch.uk/files/2020/07/Unit\\_1\\_Chapter\\_from\\_textbook.pdf](https://coleshill.warwickshire.sch.uk/files/2020/07/Unit_1_Chapter_from_textbook.pdf)

<https://anyflip.com/wuul/zxej/basic>

## TO DEEPEN YOUR UNDERSTANDING

Below are links to websites that can be used to widen your understanding of Health and Social Care and the topics you will be covering as part of your qualification.

Roles within the NHS - <https://www.stepintohenhs.nhs.uk/>

Department of Health and Social Care -

<https://www.gov.uk/government/organisations/department-of-healthand-social-care>

Care Quality Commission - <https://www.cqc.org.uk/>

# COMPLETED TASK

|                 |  |       |  |
|-----------------|--|-------|--|
| Student Name    |  |       |  |
| Subject Teacher |  | Date: |  |
| Form Tutor:     |  | Date: |  |