

In addition to skill acquisition, the Year 7 Employability Project, centred around the role of the performer, is integrated into the curriculum. This project gives students the opportunity to reflect on the skills necessary to be successful in sports and physical activities, while also reinforcing the importance of teamwork, communication, and personal development. The diverse range of activities in Year 7 will also contribute to students' overall well-being, helping to reduce the risk of mental health challenges by promoting physical health and social interaction. By focusing on building strong foundations, we aim to set our students up for long-term physical and mental success, encouraging a positive relationship with physical activity that they can carry forward throughout their lives.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Baseline testing Football/ Netball	Fitness & Table Tennis	Badminton & Gymnastics / Trampolineing	Basketball & OAA	Cricket, Softball, Tennis/Padel, Rounders & Athletics	Cricket, Softball, Tennis/Padel, Rounders & Athletics
Subject Specific Skills	<u>Football</u> : Passing, Dribbling, Shooting, Attack/Defence, Rules <u>Netball</u> : Passing, Footwork, Attack/Defence, Shooting, Rules, Tactics	<u>Table Tennis</u> : Fhand/Bhand Serve, Fhand/Bhand push, Rules <u>Fitness</u> : Energy balance, calories, warm up/cool down, Fitness components	<u>Badminton</u> : Grip/control of racket, Service, Overhead strokes, Rules. <u>Gymnastics</u> : Rolling, balances, Rotation/movement, Partner sequences <u>Trampolineing</u> : Basic jumps/shapes/turns, Seat landing, Back /Front landing,	<u>Basketball</u> : Passing, Dribbling, Control, Shooting, Rules and Regulations <u>OAA</u> : Control points, Map reading, Orienteate maps, Plan routes, Team Building, Problem Solving	<u>Cricket</u> : Batting-grip/ stance/backswing, Bowling Technique, Fielding – catching/ throwing/groundfielding, wicket keeping <u>Athletics</u> : Runs-sprints/ middle dist. /relay, Jumps- Long/high, Throws- Discus, Shot, Javelin <u>Softball</u> : Bowling : Accuracy, consistency speed, spin. / Batting : Timing, stance, shot selection, power hitting / Fielding : Catching (high and low), throwing (overarm/underarm), base coverage, quick decision-making.	<u>Rounders</u> : Bowling,Batting, Fielding- catching/throwing/ long barrier, Rules,Tactics <u>Tennis/Padel</u> : Serving : Accuracy, power, spin, consistency. Groundstrokes : Forehand, backhand, spin, control, power. Volleying : Footwork, net positioning touch, accuracy.

Previous Links	National Curriculum link to KS3 and reference to previous skills from KS2 are available to demonstrate how our PE Curriculum strengthens prior learning and develops knowledge and skills further
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Cross-curricular Skills	▪ Maths: Numeracy and Measurement - Skills: Measuring distances, times, speeds, and angles in sports - Link: Reinforces measurement, ratios, and statistics through sports. ▪ Science: Body and Physical Systems - Skills: Understanding muscles, heart rate, energy systems, and health impacts - Link: Connects Biology concepts to real-life applications in PE. ▪ English: Communication and Literacy - Skills: Describing techniques, strategies, and teamwork, plus reflective writing - Link: Enhances communication through sports reports and presentations ▪ Geography - Skills: Spatial awareness and impact of environment in sports - Link: Connects to orienteering and how climate affects activities. ▪ History - Skills: Understanding sports history and developing teamwork/leadership - Link: Relates to historical leadership and teamwork examples. ▪ PSHE - Skills: Emotional well-being, social skills, and conflict management - Link: PE supports socialising, conflict resolution, and self-regulation.
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Post 16 and beyond: The structure of our curriculum leads into KS4 curriculum where students are selected for BTEC Sport or BTEC Dance or Core PE Pathways. The knowledge and skills from our KS3 curriculum build foundations to enable students to progress in to our KS4 and KS5 curriculums and can become specialists in BTEC Sport, BTEC Dance or they can follow our Core PE pathway program. Furthermore, students can study 1,2 and 3 A-Level options in BTEC National Sport and Exercise Science at our 6th Form which can lead to a career in the fitness industry, teaching or in a range of health care fields.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Football or Netball	Fitness & Table Tennis	Badminton & Gymnastics / Trampolining	Basketball & OAA	Cricket, Softball, Tennis/Padel, Rounders & Athletics	Cricket, Softball, Tennis/Padel, Rounders & Athletics

Previous Links	National Curriculum link to KS3 and reference to previous skills from KS2 are available to demonstrate how our PE Curriculum strengthens prior learning and develops knowledge and skills further
Cross-curricular Skills	▪ Maths: Numeracy and Measurement - Skills: Measuring distances, times, speeds, and angles in sports - Link: Reinforces measurement, ratios, and statistics through sports. ▪ Science: Body and Physical Systems - Skills: Understanding muscles, heart rate, energy systems, and health impacts - Link: Connects Biology concepts to real-life applications in PE. ▪ English: Communication and Literacy - Skills: Describing techniques, strategies, and teamwork, plus reflective writing - Link: Enhances communication through sports reports and presentations ▪ Geography - Skills: Spatial awareness and impact of environment in sports - Link: Connects to orienteering and how climate affects activities. ▪ History - Skills: Understanding sports history and developing teamwork/leadership - Link: Relates to historical leadership and teamwork examples. ▪ PSHE - Skills: Emotional well-being, social skills, and conflict management - Link: PE supports socialising, conflict resolution, and self-regulation..

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****KS3/KS4 Core PE curriculum is a representative example and may differ depending on cohorts****

Year 9: Our curriculum intent is: Building upon the foundation established in Year 8, our Year 9 Physical Education curriculum at Derby Moor continues to challenge and develop students' physical, mental, and emotional well-being. As students prepare for their next steps toward the BTEC Tech Award in Sport, the curriculum becomes more focused, providing a deeper understanding of both the theory and practical skills needed for this qualification. Through a range of increasingly complex sports and physical activities, students are encouraged to push their limits, improving their technique, tactical awareness, and performance across various disciplines. The Year 9 curriculum is designed to further develop the leadership, resilience, and creativity fostered in earlier years, while also encouraging independent learning and critical thinking. Students will be given opportunities to apply their growing knowledge in more competitive and practical contexts, which will challenge them to reflect on their progress, set goals, and take ownership of their physical development.

In addition to refining key skills, Year 9 introduces more advanced concepts related to sport and physical activity, laying the groundwork for success in the BTEC Tech Award. The curriculum ensures that all students are supported in their learning, with opportunities to specialize in particular areas of interest, while maintaining a well-rounded approach to physical education. This year is designed to inspire students to embrace challenges, develop a deeper understanding of sport, and establish the habits needed for lifelong engagement with physical activity.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Football or Netball	Fitness & Table Tennis	Badminton & Gymnastics / Trampolineing	Basketball & OAA	Cricket, Softball, Tennis/Padel, Rounders & Athletics	Cricket, Softball, Tennis/Padel, Rounders & Athletics
Subject Specific Skills	<u>Football</u>: Passing, Dribbling, Shooting, Attack/Defence set plays, Tactics/strategies, Rules <u>Netball</u>: Passing, Footwork, Attack/Defence, Shooting, Rules, Officiating, Tactics, Game play	<u>Table Tennis</u>: Fhand/Bhand Servespin (side/back), smash shot, attacking and defensive strategies, Rules & officiating <u>Fitness</u>: Methods of training, Weight, Continuous, Fartlek, Interval, Speed, Circuit, intensity,	<u>Badminton</u>: Grip/control of racket, Service(flick/drive), Overhead strokes, Defence and C-A shots, back court strokes, Singles/Doubles, <u>Gymnastics</u>: Group balances, Vaulting Development, Group sequence, performing <u>Trampolineing</u>, Seat landing with turns, Back landing with turns, Front landing – turntable, routine development	<u>Basketball</u>: Passing, Dribbling, Control, Shooting, Attack/Defence, Tactics and Strategies, Rules, Officiating, <u>OAA</u>: Control points, Map reading, orientate maps, Plan routes, Team Building, Problem Solving	<u>Cricket</u>: Bowling accuracy & consistency, Batting, Fielding- catching/throwing/long barrier, Rules, Tactics <u>Athletics</u>: Runs-sprints/ middle dist. /relay, Jumps-Long/high, Throws-Discus, Shot, Javelin: Timing/Measuring <u>Softball</u>: Bowling: Accuracy, consistency, speed, spin. / Batting: Timing, stance, shot selection, power hitting / Fielding: Catching (high and low), throwing (overarm/underarm), base coverage, quick decision-making.	<u>Rounders</u>: Bowling accuracy & consistency, Batting, Fielding- catching/throwing/long barrier, Rules, Tactics <u>Tennis/Padel</u> : Serving: Accuracy, power, spin, consistency. Groundstrokes: Forehand, backhand, spin, control, power. Volleying: Footwork, net positioning, touch, accuracy. Movement: Lateral movement, court coverage, recovery. Tactics: Shot selection, positioning, exploiting opponent weaknesses, variation of spin
Previous Links	National Curriculum link to KS3 and reference to previous skills from KS2 are available to demonstrate how our PE Curriculum strengthens prior learning and develops knowledge and skills further					
Cross-curricular Skills	Eng – Speaking & Listening/ Instructing/ Questioning Sci -Muscles/Energy Systems/Heart/ Lungs/Oxygen transport	Eng – Speaking & Listening/ Instructing/ Questioning Sci -Muscles/Energy Systems/Heart /Lungs/Oxygen transport	Eng – Speaking & Listening/Instructing/Questioning Sci -Muscles/Energy Systems/Heart/Lungs/Oxygen transport	Eng – Speaking & Listening/Instructing/Questioning Sci -Muscles/Energy Systems/Heart/Lungs/Oxygen transport	Eng – Speaking & Listening/Instructing/ Questioning Sci -Muscles/Energy Systems/Heart/Lungs/Oxygen transport	Maths – Timing/ Measuring/perimeter/ Distances/Angles/ Speed Sci -Muscles/Energy Systems/Heart/Lungs/Oxygen transport

Post 16 and beyond: The structure of our curriculum leads into KS4 curriculum where students are selected for BTEC Sport or BTEC Dance or Core PE Pathways. The knowledge and skills from our KS3 curriculum build foundations to enable students to progress in to our KS4 and KS5 curriculums and can become specialists in BTEC Sport, BTEC Dance or they can follow our Core PE pathway program. Furthermore, students can study 1,2 and 3 A-Level options in BTEC National Sport and Exercise Science at our 6th Form which can lead to a career in the fitness industry, teaching or in a range of health care fields.

****KS3/KS4 Core PE curriculum is a representative example and may differ depending on cohorts****

Year 10 BTEC Sport: Our curriculum intent is: In KS4 pupils will follow either a Core P.E. curriculum, will be enrolled onto a BTEC Tech Award in Sport (2022) through 2 lessons a week or choose BTEC Tech Award as an option. This decision will be made in consultation with members of staff, pupils and their parents/carers. For pupils following the Core P.E. curriculum, they will receive 2 hours of Physical Education per week. Students will follow a similar pathway to KS3 core PE with all practical based lessons. Students should build on KS3 knowledge and skills and focus on lifelong participation in a range of sports. For the pupils on the BTEC Tech Sport course; students will study two internally assessed components in Year 10. Students will develop on prior knowledge from KS3 P.E. to examine the many requirements to be successful as a sports performer. For **Component 1** students will focus on increasing participation in sport through analysing provisions, barriers to participation and warm ups for practical sessions. For **Component 2** - Learners will analyse the importance of taking part and improving sporting performance. They will focus on the components of fitness required for individual and team sports, as well as being able to analyse their practical performance. Students will also examine the rules, regulations and scoring systems for different sports and the techniques and tactics required for these sports. In both components there are aspects of leading sessions in a warm up and main activity.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Component 1 Increasing participation in physical activity Learners will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity. <u>Assessment Window – Sept-Dec</u>	Component 1 Increasing participation in physical activity Learners will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity. <u>Assessment Window – Sept-Dec</u>	Component 2 Taking part and improve other participants sporting performance. Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role and responsibilities of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance. <u>Assessment Window – Jan-May</u>	Component 2 Taking part and improve other participants sporting performance. Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role and responsibilities of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance. <u>Assessment Window – Jan-May</u>	Component 2 Taking part and improve other participants sporting performance. Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role and responsibilities of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance. <u>Assessment Window – Jan-May</u>	Practical / Component 3 Preparation Exam Unit Preparation Practical PE
Subject Specific Skills	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast
Previous Links	Links to our Y10 and Y11 curriculum come from topics, skills and knowledge developed in KS3. In KS4 students will study <u>BTEC Tech Award in Sport (2022)</u> Content from this qualification lead directly in to the <u>Level 3 BTEC National in Sport and Exercise Science</u> curriculum taught at KS5 at Derby Moor Academy					
Cross-Curricular Skills	Maths: Measurement of time, distance, and speed Application: Calculating basic performance metrics to prepare participants. Science: Understanding the body's systems (e.g., muscles, heart rate). Application: Preparing participants by considering their physiological readiness. English: Clear communication of rules and techniques Application: Writing plans and providing coaching instructions. ICT: Methods of collecting and analysing performance data Application: Using technology to assess and improve fitness levels		Maths: Calculating averages and tracking improvement. Application: Using data to assess and enhance fitness progress. Science (Biology & Physics): Knowledge of energy systems and their effect on sport Application: Applying physiological knowledge to improve performance. English: Clear communication of rules and regulations/roles and responsibilities Application: Writing plans and providing coaching instructions. ICT: Collecting and analysing performance data Application: Using technology to assess and improve fitness levels			See Y11 map

Post 16 and beyond: Students who study BTEC Tech Award in Sport often go on to study BTEC level 3 Nationals in Sport and Exercise Science at our 6th Form Centre. Beyond this, many s to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport. Society's enthusiasm for sport continues to rise and there has nbeen a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Sports Coaching, Physiotherapy, Nutrition amongst others.

****KS3/KS4 Core PE curriculum is a representative example and may differ depending on cohorts****

Year 10 Core: Our curriculum intent is: In Year 10, the Physical Education curriculum at Derby Moor shifts towards mastering sport-specific skills and understanding the physiological principles behind physical performance. Our focus is on participating at a high level across a wide range of activities, allowing students to refine their abilities and challenge themselves to reach their full potential. At this stage, students begin to explore the functional aspects of the body in greater depth. They will gain knowledge on topics such as fitness principles, training methods, nutrition, and recovery, and understand how these elements impact performance and overall health. This approach fosters a more holistic understanding of sport and well-being, laying the foundation for students to make informed decisions about their health and fitness beyond school. In addition to developing technical skills and tactical awareness, students will be encouraged to set personal goals, track progress, and engage in regular self-assessment. This empowers them to take responsibility for their own physical development and apply their learning to improve not only in physical education but in their personal fitness journeys. Year 10 builds on previous experiences while increasing the complexity of activities and placing a stronger emphasis on advanced technique, game strategy, and physical conditioning. By the end of the year, students will have a clearer understanding of how to maintain an active lifestyle and how to continue improving their fitness and skills long after they leave school.						
Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Football or Netball	Fitness & Table Tennis	Badminton & Gymnastics / Trampolineing	Basketball & OAA	Cricket, Softball, Tennis/Padel, Rounders & Athletics	Cricket, Softball, Tennis/Padel, Rounders & Athletics
Subject Specific Skills	<u>Football:</u> Passing, Dribbling, Shooting, Attack/Defence set plays, Tactics/strategies, Rules <u>Netball:</u> Passing, Footwork, Attack/Defence, Shooting, Rules, Officiating, Tactics, Gameplay	<u>Table Tennis:</u> Fhand/Bhand Servespin (side/back), smash shot, attacking and defensive strategies, Rules & officiating <u>Fitness:</u> Methods of training, Weight, Continuous, Fartlek, Interval, Speed, Circuit, intensity / Fitness Test Recaps / Goal setting	<u>Badminton:</u> Grip/control of racket, Service (flick/drive), Overhead strokes, Defence and C-A shots, back court strokes, Singles/Doubles, <u>Gymnastics:</u> Group balances, Vaulting Development, Group sequence, performing <u>Trampolineing,</u> Seat landing with turns, Back landing with turns, Front landing – turntable, routine development	<u>Basketball:</u> Passing, Dribbling, Control, Shooting, Attack/Defence, Tactics and Strategies, Rules, Officiating, <u>OAA:</u> Control points, Map reading, orientate maps, Plan routes, Team Building, Problem Solving	<u>Cricket:</u> Bowling accuracy & consistency, Batting, Fielding- catching/throwing/long barrier, Rules, Tactics <u>Athletics:</u> Runs-sprints/ middle dist. /relay, Jumps-Long/high, Throws-Discus, Shot, Javelin: Timing/Measuring <u>Softball:</u> Bowling: Accuracy, consistency, speed, spin. / Batting: Timing, stance, shot selection, power hitting / Fielding: Catching (high and low), throwing (overarm/underarm), base coverage, quick decision-making.	<u>Rounders:</u> Bowling accuracy & consistency, Batting, Fielding- catching/throwing/long barrier, Rules, Tactics <u>Tennis/Padel:</u> Serving: Accuracy, power, spin, consistency. Groundstrokes: Forehand, backhand, spin, control, power. Volleying: Footwork, net positioning, touch, accuracy. Movement: Lateral movement, court coverage, recovery. Tactics: Shot selection, positioning, exploiting opponent weaknesses variation of spin
Previous Links	National Curriculum link to KS3 and reference to previous skills from KS2 are available to demonstrate how our PE Curriculum strengthens prior learning and develops knowledge and skills further					
Cross curricular Skills	Maths: Numeracy and Measurement - Skills: Measuring distances, times, speeds, and angles in sports - Link: Reinforces measurement, ratios, and statistics through sports. Science: Body and Physical Systems - Skills: Understanding muscles, heart rate, energy systems, and health impacts - Link: Connects Biology concepts to real-life applications in PE. English: Communication and Literacy - Skills: Describing techniques, strategies, and teamwork, plus reflective writing - Link: Enhances communication through sports reports and presentations Geography: Spatial Awareness and Environmental Impact - Skills: Spatial awareness and impact of environment in sports - Link: Connects to orienteering and how climate affects activities. History: Teamwork and Leadership - Skills: Understanding sports history and developing teamwork/leadership - Link: Relates to historical leadership and teamwork examples. PSHE: Well-being and Social Skills - Skills: Emotional well-being, social skills, and conflict management - Link: PE supports socialising, conflict resolution, and self-regulation.					
Post 16 and beyond: Students who study BTEC Tech Award in Sport often go on to study BTEC level 3 Nationals in Sport and Exercise Science at our 6th Form Centre. Beyond this, many s to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport. Society's enthusiasm for sport continues to rise and there has nbeen a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Sports Coaching, Physiotherapy, Nutrition amongst others.						

Year 11 BTEC Sport: Our curriculum intent is: In Year 11, students study the final component for their exam. Students will develop on prior knowledge from Core P.E. and some crossover from Year 10, to examine the many requirements to be successful as a sports performer. For component 3 - Learners will analyse the components of fitness, understand heart rate and the effects of exercise, be able to use the training pyramid effectively and understand the different training methods and how to accurately conduct fitness test as well as the application of fitness training principles. Students will sit 2 mocks in Year 11 followed by their Component 3 exam in May.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	<u>Component 3</u> LAA – Explore the importance of fitness for sports performance Performance in Sport and Physical Activity Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.	<u>Component 3</u> LAB - Investigate fitness testing to determine fitness levels Performance in Sport and Physical Activity Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing. November Mock	<u>Component 3</u> LAC - Investigate different fitness training methods Performance in Sport and Physical Activity Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.	<u>Component 3</u> LAD - Investigate fitness programming to improve fitness and sports performance Performance in Sport and Physical Activity Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing. March Mock	<u>Component 3</u> Revision/Intervention and Exam MAY/JUNE EXAM	N/A
Subject Specific Skills	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	BTEC Command Words: Communication, Explain, Assess, Analyse, Compare & Contrast	N/A

Previous	Links to our Y10 and Y11 curriculum come from activities, skills and knowledge developed in KS3. In KS4 students will Units and content from the BTEC Tech Award in Sport. This qualification lead directly in to the Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5 at Derby Moor Academy.
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Cross-Curricular Skills	Maths: Using statistics/normative data to design tailored fitness plans. ▪ Application: Tracking performance and adjusting training based on data and identification of strengths and weaknesses. Science: Understanding of body systems. ▪ Application: Enhancing fitness through training methods/testing. English: Presenting fitness plans and goals. ▪ Application: Communicating fitness strategies and monitoring progress. ICT: Tracking and adjusting fitness progress using technology. • Application: Utilizing wearable devices and apps to refine training programs.
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Post 16 and beyond:

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Year 11 Core: Our curriculum intent is: In Year 11, our curriculum intent focuses on consolidating the knowledge and skills developed throughout the students' time at Derby Moor, ensuring they leave with a comprehensive understanding of how to maintain a physically active lifestyle, stay healthy, and engage in sport beyond school. This final year aims to refine their physical attributes and promote a deep understanding of a wide range of sports and physical activities. By this stage, students should have developed a high level of competency in fundamental and advanced skills across a variety of sports, including team sports, individual activities, and fitness training. They will have gained a solid foundation in technical, tactical, and strategic elements, which will empower them to confidently participate in and enjoy physical activity throughout their lives.

The Year 11 curriculum places a strong emphasis on applied learning: students will use their understanding of physical fitness, health principles, and well-being to improve their performance. They will also learn how to adapt their training and activity choices to support personal goals, whether it's improving fitness, competing at a higher level, or simply staying active for mental and physical health.

Additionally, we encourage students to make informed decisions about physical activity in the community. They will have a broad awareness of local sporting opportunities in Derby and be equipped with the knowledge of where and how to access facilities, clubs, and events that will support their continued engagement in sport and fitness after school. By linking classroom learning to real-world application, we aim to inspire students to actively seek opportunities to participate in local activities, whether individually or as part of a team.

Our goal is to ensure that Year 11 students leave school with a drive to stay active well into their adult lives. They will have a clear understanding of what is required to stay fit, healthy, and motivated to engage in physical activity, empowering them to make positive, long-term choices for their well-being.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	
Topic (brief description)	Football or Netball	Fitness & Table Tennis	Badminton & Gymnastics / Trampolineing	Basketball & OAA	Cricket, Softball, Tennis/Padel, Rounders & Athletics	
Subject Specific Skills	<u>Football</u>: Passing, Dribbling, Shooting, Attack/Defence set plays, Tactics/strategies, Rules <u>Netball</u>: Passing, Footwork, Attack/Defence, Shooting, Rules, Officiating, Tactics, Gameplay	<u>Table Tennis</u>: Fhand/Bhand Servespin (side/back), smash shot, attacking and defensive strategies, Rules & officiating <u>Fitness</u>: Goal Setting, Improving components of fitness, specific sport training plans.	<u>Badminton</u>: Grip/control of racket, Service(flick/drive), Overhead strokes, Defence and C-A shots, back court strokes, Singles/Doubles, <u>Gymnastics</u>: Group balances, Vaulting Development, Group sequence, performing <u>Trampolineing</u>, Seat landing with turns, Back landing with turns, Front landing – turntable, routine development	<u>Basketball</u>: Passing, Dribbling, Control, Shooting, Attack/Defence, Tactics and Strategies, Rules, Officiating, <u>OAA</u>: Control points, Map reading, orientate maps, Plan routes, Team Building, Problem Solving	<u>Cricket</u>: Bowling accuracy & consistency, Batting, Fielding-catching/throwing/long barrier, Rules Tactics <u>Athletics</u>: Runs-sprints/ middle dist. /relay, Jumps-Long/high, Throws-Discus, Shot, Javelin: Timing/Measuring <u>Softball</u>: Bowling: Accuracy, consistency, speed, spin. / Batting: Timing, stance, shot selection, power hitting / Fielding: Catching (high and low), throwing (overarm/underarm) base coverage, quick decision-making.	<u>Rounders</u>: Bowling accuracy & consistency, Batting, Fielding-catching/throwing/long barrier, Rules, Tactics <u>Tennis/Padel</u>: Serving: Accuracy, power, spin, consistency. Groundstrokes: Forehand, backhand, spin, control, power. Volleying: Footwork, net positioning, touch, accuracy. Movement: Lateral movement, court coverage, recovery. Tactics: Shot selection, positioning, exploiting opponent weaknesses, variation of spin
Previous Links	National Curriculum link to KS3 and reference to previous skills from KS2 are available to demonstrate how our PE Curriculum strengthens prior learning and develops knowledge and skills further Links to our Y10 and Y11 Core PE Curriculum come from activities, skills and knowledge developed in KS3					
Cross curricular Skills	Maths: Numeracy and Measurement - Skills: Measuring distances, times, speeds, and angles in sports - Link: Reinforces measurement, ratios, and statistics through sports. Science: Body and Physical Systems - Skills: Understanding muscles, heart rate, energy systems, and health impacts - Link: Connects Biology concepts to real-life applications in PE. English: Communication and Literacy - Skills: Describing techniques, strategies, and teamwork, plus reflective writing - Link: Enhances communication through sports reports and presentations Geography - Skills: Spatial awareness and impact of environment in sports - Link: Connects to orienteering and how climate affects activities. History - Skills: Understanding sports history and developing teamwork/leadership - Link: Relates to historical leadership and teamwork examples. PSHE - Skills: Emotional well-being, social skills, and conflict management - Link: PE supports socialising, conflict resolution, and self-regulation.					

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National Extended Certificate in Sport and Exercise Science (1 A-Level Equivalent)						
Course Delivery Model: The BTEC Level 3 Sport and Exercise Science course is delivered over two academic years (Years 12-13) using a two-year unit rotation. Students may commence the programme at different points within the rotation depending on their year of entry. All learners will complete the required content and assessments for the full qualification by the end of Year 13. During this year of the rotation students study 2 units which are assessed via external assessments. Students will develop prior knowledge from KS4 BTEC PE to examine the body's systems, principles of training, training methods and fitness tests and sports psychology with a focus on applying these to a variety of different sporting contexts. Students will also understand how the body works and use specific examples when answering exam questions. Students will also examine how the mind affects sports performance, looking at a variety of factors, theories and interventions which can affect a sports performer.						
Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology	Externally Assessed Units Unit 2 — Anatomy Unit 3 — Psychology
Subject Specific Skills	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation
Previous Links	Links to our Y12/13 Curriculum come from knowledge and skills developed in KS3 and KS4. In KS4 students will study Level 2 BTEC Tech Award in Sport. Units and content from this qualification lead directly into the KS5 Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5.					
Cross-curricular Skills	Maths — Physical Activity for Individual and Group based	Maths — Physical Activity for Individual and Group based	Maths — Physical Activity for Individual and Group based	Maths — Physical Activity for Individual and Group based	Maths — Physical Activity for Individual and Group based	Maths — Physical Activity for Individual and Group based
Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Society's enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.						

Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Society's enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.

National Extended Certificate in Sport and Exercise Science (1 A-Level Equivalent)

During this year of the rotation, students study 2 units which are assessed via internal coursework. Students will develop prior knowledge to examine what makes a successful sports leader and the role of a sport coach, planning and delivering a session and producing a written evaluation. Finally, students will complete a unit on Physical Activity for Individual and Group-Based Activity. In this unit students will look at how physical activity can be planned for different groups of people and will plan, lead, review and evaluate sessions for these specific groups.

Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Society's enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.



National Diploma in Sport and Exercise Science (2 A-Level Equivalent)

Course Delivery Model: The BTEC Level 3 Sport and Exercise Science course is delivered over two academic years (Years 12-13) using a two-year unit rotation. Students may commence the programme at different points within the rotation depending on their year of entry. All learners will complete the required content and assessments for the full qualification by the end of Year 13.

During this year on the rotation, students study 5 units in a range of fields which are assessed via external assessments and internal coursework. Students will develop prior knowledge from KS4 BTEC

PE to examine the body's systems, principles of training, training methods and fitness tests and sports psychology with a focus on applying these to a variety of different sporting contexts. Students will also understand how the body works and use specific examples when answering exam questions. Students will also examine what makes a successful sports leader and the role of a sport coach, planning and delivering a session and producing a written evaluation. Finally, students have the opportunity to complete units in research methods and Specialised Fitness Testing

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness	<u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness Testing	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness Testing	<u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 8 - Specialised Fitness Testing
Subject Specific Skills	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation
Previous Links	Links to our Y12/13 Curriculum come from knowledge and skills developed in KS3 and KS4. In KS4 students will study Level 2 BTEC Tech Award in Sport. Units and content from this qualification lead directly into the KS5 Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5.					
Cross-curricular Skills	Science — Anatomy Psychology — Sports Psychology Maths — Fitness Testing	Science — Anatomy Psychology — Sports Psychology Maths — Fitness Testing	Psychology — Sports Psychology Maths — Fitness Testing	Science — Anatomy Psychology — Sports Psychology Maths — Fitness Testing	Science — Anatomy Psychology — Sports Psychology Maths — Fitness Testing	Psychology — Sports Psychology Maths — Fitness Testing

Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport. Society's enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.

National Diploma in Sport and Exercise Science (2 A-Level Equivalent)						
Course Delivery Model: This BTEC Level 3 Sport and Exercise Science course is delivered over two academic years (Years 12-13) using a two-year unit rotation. Students may commence the programme at different points within the rotation depending on their year of entry. All learners will complete the required content and assessments for the full qualification by the end of Year 13.						
During this year on the rotation, students study 4 units which are assessed via external assessments and internal coursework. Students will develop on prior knowledge from to examine Physiology of the human body with a focus on applying these to a variety of different sporting contexts. Students will also understand how the body works and use specific examples when answering exam questions. successful sports leader and the role of a sport coach, planning and delivering a session and producing a written evaluation. Finally, students complete units in Field and Lab Testing and Physical Activity for Individual and Group-Based Activity.						
Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise	<u>Externally Assessed Units</u> Unit 1 — Physiology <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise
Subject Specific Skills	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation
Previous Links	Links to our Y12/13 Curriculum come from knowledge and skills developed in KS3 and KS4. In KS4 students will study Level 2 BTEC Tech Award in Sport. Units and content from this qualification lead directly into the KS5 Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5.					
Cross-curricular Skills	Science — Physiology Maths — Field and Lab-Testing	Science — Physiology Maths — Field and Lab-Testing	Science — Physiology Maths — Field and Lab-Testing	Science — Physiology Maths — Field and Lab-Testing	Science — Physiology Maths — Field and Lab-Testing	Science — Physiology Maths — Field and Lab-Testing
Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Societys enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.						

****KS3/KS4 Core PE curriculum is a representative example and may differ depending on cohorts****



****KS3/KS4 Core PE curriculum is a representative example and may differ depending on cohorts****



DERBY MOOR
SPENCER ACADEMY



Course Delivery Model: The BTEC Level 3 Sport and Exercise Science course is delivered over two academic years (Years 12-13) using a two-year unit rotation. Students may commence the programme at different points within the rotation depending on their year of entry. All learners will complete the required content and assessments for the full qualification by the end of Year 13.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues	<u>Externally Assessed Units</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues	<u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues	<u>Externally Assessed Unit Resits</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues	<u>Externally Assessed Unit Resits</u> Unit 2 — Anatomy Unit 3 — Psychology <u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues	<u>Internally Assessed Units:</u> Unit 5 - Research Methods Unit 6 - Sports Coaching Unit 7 - Biomechanics Unit 8 - Specialised Fitness Testing Unit 12 - Sociocultural Issues
Subject Specific Skills	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation
Previous Links	Links to our Y12/13 Curriculum come from knowledge and skills developed in KS3 and KS4. In KS4 students will study Level 2 BTEC Tech Award in Sport. Units and content from this qualification lead directly into the KS5 Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5.					
Cross-curricular Skills	Science — Anatomy Psychology — Sports Psychology Maths — Biomechanics Sociology — Socio issues	Science — Anatomy Psychology — Sports Psychology Maths — Biomechanics Sociology — Socio issues	Maths — Biomechanics Sociology — Socio issues	Science — Anatomy Psychology — Sports Psychology Maths — Biomechanics Sociology — Socio issues	Science — Anatomy Psychology — Sports Psychology Maths — Biomechanics Sociology — Socio issues	Science — Anatomy Psychology — Sports Psychology Maths — Biomechanics Sociology — Socio issues

Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Societys enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.

National Extended Diploma in Sport and Exercise Science. (3 A-Level Equivalent)

Course Delivery Model: The BTEC Level 3 Sport and Exercise Science course is delivered over two academic years (Years 12-13) using a two-year unit rotation. Students may commence the programme at different points within the rotation depending on their year of entry. All learners will complete the required content and assessments for the full qualification by the end of Year 13.

During this year of the rotation students study 6 units which are assessed via external assessments and internal coursework. Students will develop on prior knowledge to examine the Physiology of the human body and Sports Nutrition, with a focus on applying these to a variety of different sporting contexts. Students will also understand how the body works and use specific examples when answering exam questions. Students will also examine what makes a successful sports leader and the role of a sport coach, planning and delivering a session and producing a written evaluation. Finally, students will complete units in Field and Lab Testing, Technology in Sport, Physical Activity for Individual and Group-Based Activity and Sports Injury.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer 1	Summer 2
Topic (brief description)	<u>Externally Assessed Units</u> Unit 1 — Physiology Unit 13 — Nutrition <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury	<u>Externally Assessed Units</u> Unit 1 — Physiology Unit 13 — Nutrition <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury	<u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury	<u>Externally Assessed Unit Resits</u> Unit 1 — Physiology Unit 13 — Nutrition <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury	<u>Externally Assessed Unit Resits</u> Unit 1 — Physiology Unit 13 — Nutrition <u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury	<u>Internally Assessed Units:</u> Unit 4 — Field and Lab Testing Unit 6 - Sports Coaching Unit 10 — Physical Activity for Individual and Group based Exercise Unit 14 - Technology Unit 15 — Sports Injury
Subject Specific Skills	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation	Communication & SPAG , Explain, Assess, Analyse, Compare & Contrast Evaluation, Justification Spoken Language , Organisation
Previous Links	Links to our Y12/13 Curriculum come from knowledge and skills developed in KS3 and KS4. In KS4 students will study Level 2 BTEC Tech Award in Sport. Units and content from this qualification lead directly into the KS5 Level 3 BTEC National in Sport and Exercise Science curriculum taught at KS5.					
Cross-curricular Skills	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport	Science — Physiology & Nutrition Maths — Field and Lab-Testing IT — Technology in Sport

Post 16 and beyond: Students who study a Level 3 BTEC National in Sport and Exercise Science often go on to study within the field of Sport/Physical Activity at Higher Education Institutes or Apprenticeships in Sport . Societys enthusiasm for sport continues to rise and there has never before been a better or wider range of careers options in the Sports sector. Past students who have studied this course have gone on to study courses such as; Sport and Exercise Science, Sports Coaching, Physiotherapy, Nutrition amongst others.